

## Two-Year-old donor donates heart to save life of a two-year-old

Doctors at Fortis Malar Conducted This Unique Pediatric Heart Transplant

**Chennai, 22<sup>nd</sup> April 2019**: Fortis Malar Hospital successfully conducted a unique heart transplant surgery to save the life of two-year-old Rohan (name changed) from Villupuram. This became possible after Rohan received the heart from the country's youngest organ donor – a two-year-old boy from Mumbai. The transplant was performed by a team of doctors led by Dr. K R Balakrishnan, Director, Cardiac Sciences, Fortis Malar Hospital and Dr. Suresh Rao KG, Head of Department, Critical Care & Cardiac Anaesthesia, Fortis Malar Hospital.

Rohan was diagnosed with dilated cardiomyopathy with severe LV dysfunction. He kept getting admitted repeatedly with complaints of breathlessness. However, despite medication, his condition did not improve. As heart transplant was the only solution for him to recover, he was registered in the State Transplant Registry for a possible donated heart.

On February 10th, 2019, the two year donor suffered an irreversible brain damage. The family decided to donate the organs that helped save and enrich the lives of six people, out of which four recipients were children including Rohan. A team of doctors flew from Fortis Malar Hospital to retrieve the heart which was air lifted to Chennai later.

Commenting on the transplant, **Dr K R Balakrishnan said**, "This surgery was difficult and challenging as the recipient was a two-year-old toddler. So we had to sensitively balance all the challenges to perform the transplant to the child. We are humbled to acknowledge that this surgery is another milestone in the treatment of pediatric cardiac patients requiring heart transplants."

This unique heart transplant was performed under the CM's Comprehensive Health Insurance scheme which covered the entire cost of surgery and post operative treatment as well as the requisite medication for a period of one year.



Commenting on the transplant **Dr Suresh Rao said** "It is difficult to find a matching donor for pediatric patients. The recipient was lucky to get a 2 year old heart and is recovering well."

Mother of Rohan said, "I am extremely delighted and thankful to Fortis Malar and team of doctors since we never knew such options of transplant is available. I deeply thank the parents of the donor from the bottom of my heart and pray for the family."

## About Fortis Healthcare Limited

Fortis Healthcare Limited is a leading integrated healthcare delivery service provider in India. The healthcare verticals of the company primarily comprise hospitals, diagnostics and day care specialty facilities. Currently, the company operates its healthcare delivery services in India, Dubai, Mauritius and Sri Lanka with 43 healthcare facilities (including projects under development), approximately 9,000 potential beds and 392 diagnostic centres.

## About Fortis Malar Hospital:

Fortis Malar Hospital was acquired by Fortis Healthcare (India) Limited in early 2008. The hospital founded in 1992, is established as one of the largest corporate hospitals in Chennai providing quality super specialty and multi-specialty healthcare services. Fortis Malar Hospitals, with 180 beds, focuses on providing comprehensive medical care in the areas of Cardiology and Cardiac Surgery, Neuro Surgery, Gynaecology, Orthopaedics, Gastroenterology, Neurology, Paediatrics, Diabetics, Nephrology and Internal Medicine. Fortis Malar Hospital has a state of the art Cath Lab and multiple dedicated cardiac operation theatres and intensive coronary care units. Several rare and complex Adult and Paediatric Cardiac surgeries, Orthopaedic and Joint replacements, Neurosurgeries and Plastic reconstruction surgeries have been performed at this hospital. The hospital' Obstetrics and Gynaecology services are among the busiest in the city, successfully performing many complicated deliveries and surgeries. They are supported by a dedicated Neonatology unit.

## For more information, please contact:

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