

## **Fortis Malar Hospital organises Awareness Programme on International Epilepsy Day**

*Organizes Epilepsy Awareness Session for parents at Spastics Society of Tamil Nadu*

**Chennai, 11<sup>th</sup> February 2019:** On International Epilepsy Day, **Fortis Malar Hospital** conducted an Epilepsy Awareness programme at Spastics Society of Tamil Nadu to educate parents of children with epilepsy today. Over 100 parents along with their children participated in the informative programme to get a better understanding of the medical condition afflicting their children. **Dr. Senthil Nathan, Neurologist, Fortis Malar Hospitals** interacted with the participants and shared valuable insights on epilepsy, recognizing symptoms, managing the condition and the required lifestyle changes.

The session mainly focussed on social care response to epilepsy and educated participants on what a seizure looks like, how to respond to someone having a seizure, how teachers can manage students with epilepsy and much more. The programme stressed the necessity for parents and teachers to have complete knowledge of epilepsy and how to manage epileptic seizures.

**Dr. Senthil Nathan** commented on the occasion saying *“This epilepsy day we’d like to bring focus to educating people about epilepsy and the need for continued treatment .The major hurdle in achieving epilepsy free India is the social stigma associated with the disease and that has to be eliminated by proper education and awareness. People with epilepsy require specialists to ensure they are receiving the best treatment possible to cure or manage the disease to lead a normal life.”*

Epilepsy is a chronic and non-communicable condition which is feared, discriminated against and highly stigmatised, as it has not been widely understood by the general public. It strains the quality of life for people who suffer from it and their families, making it extremely difficult to manage. Of 70 million epilepsy patient worldwide, 12 million reside in India. Epilepsy is a major health problem and around 90 percent of epilepsy can be treated successfully by appropriate anti-epileptic drugs and treatments.

**Press Release**

*For immediate publication*

An interactive Q&A session with the doctor was conducted for parents to get clarity on Epilepsy. The event concluded with parents and children releasing over 200 purple balloons to mark International Epilepsy Day.

**About Fortis Healthcare Limited**

*Fortis Healthcare Limited is a leading integrated healthcare delivery service provider in India. The healthcare verticals of the company primarily comprise hospitals, diagnostics and day care specialty facilities. Currently, the company operates its healthcare delivery services in India, Dubai, Mauritius and Sri Lanka with 45 healthcare facilities (including projects under development), approximately 10,000 potential beds and over 374 diagnostic centres.*

**About Fortis Malar Hospital:**

*Fortis Malar Hospital was acquired by Fortis Healthcare (India) Limited in early 2008. The hospital founded in 1992, is established as one of the largest corporate hospitals in Chennai providing quality super specialty and multi-specialty healthcare services. Fortis Malar Hospitals, with 180 beds, focuses on providing comprehensive medical care in the areas of Cardiology and Cardiac Surgery, Neuro Surgery, Gynaecology, Orthopaedics, Gastroenterology, Neurology, Paediatrics, Diabetics, Nephrology and Internal Medicine. Fortis Malar Hospital has a state of the art Cath Lab and multiple dedicated cardiac operation theatres and intensive coronary care units. Several rare and complex Adult and Paediatric Cardiac surgeries, Orthopaedic and Joint replacements, Neurosurgeries and Plastic reconstruction surgeries have been performed at this hospital. The hospital's Obstetrics and Gynaecology services are among the busiest in the city, successfully performing many complicated deliveries and surgeries. They are supported by a dedicated Neonatology unit.*

**For more information, please contact:**

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