

Press Release

For Immediate Publication



Fortis Malar Hospital achieves significant milestone by completing 200 Bilateral Knee Replacement Surgeries

— Holds the record of completing the knee replacement surgeries in less than 45 minutes with 99 percent success rate and less than 1 percent revision rate

Chennai, 22nd May 2018: Fortis Malar, Chennai's renowned multi-specialty hospital today announced the successful completion of 200 bilateral knee replacement surgeries. This significant clinical feat was achieved by **Dr. A B Govindaraj, Chief Consultant Orthopedic & Joint Replacement Surgeon** and his team of doctors at Fortis Malar Hospital. Over the past four years, Fortis Malar holds the record of successfully completely more than 400 knee replacement surgeries in more than 200 patients with 99% success rates. This milestone highlights the uniqueness of the hospital to offer end to end solutions under one roof.

Fortis Malar Hospital has been pioneering in the field of knee replacement surgery in patients suffering from advanced end stage arthritic knee disorders. Challenging surgeries have been performed on patients suffering from serious disabilities like chronic renal failure, gross obesity parkinsons and stroke affected patients. Patients treated for knee replacement at Fortis Malar has revision rate of less than 1 percent.

Speaking at the endeavor, by **Dr. A B Govindaraj** said, "Bilateral Knee Replacement is a game changer in today's fast world and avoids unnecessary dual hospitalization. Today, this surgery has become one of the successful surgical procedures and patient perception is by and large positive because it improves quality of life, the knee becomes totally pain free, person comes back and performs his all normal activities. The main advantage of this surgery is that the person becomes fully mobile and independent. We were able to achieve this by putting together an excellent team of physicians, nurses, physiotherapists and support staff. We are sufficiently equipped to perform the surgeries and rehabilitate the patients in record time."

Knee replacement surgery is one of the complex surgical procedures and in this procedure the affected knee is replaced with an artificial joint. The approximate duration of surgery is a total of two hours for both the knee replacements and the patients can resume to normal work in six weeks.

About Fortis Healthcare Limited

Fortis Healthcare Limited is a leading integrated healthcare delivery service provider in India. The healthcare verticals of the company primarily comprise hospitals, diagnostics and day care specialty facilities. Currently, the company operates its healthcare delivery services in India, Dubai, Mauritius and Sri Lanka with 45 healthcare facilities (including projects under development), approximately 10,000 potential beds and over 374 diagnostic centres.

About Fortis Malar Hospital:

Fortis Malar Hospital was acquired by Fortis Healthcare (India) Limited in early 2008. The hospital founded in 1992, is established as one of the largest corporate hospitals in Chennai providing quality super specialty and multi-specialty healthcare services. Fortis Malar Hospitals, with 180 beds, focuses on providing comprehensive medical care in the areas of Cardiology and Cardiac Surgery, Neuro Surgery, Gynaecology, Orthopaedics, Gastroenterology, Neurology, Paediatrics, Diabetics, Nephrology and Internal Medicine. Fortis Malar Hospital has a state of the art Cath Lab and multiple dedicated cardiac operation theatres and intensive coronary care units. Several rare and complex Adult and Paediatric Cardiac surgeries, Orthopaedic and Joint replacements, Neurosurgeries and Plastic reconstruction surgeries have been performed at this hospital. The hospital'

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Obstetrics and Gynaecology services are among the busiest in the city, successfully performing many complicated deliveries and surgeries. They are supported by a dedicated Neonatology unit.



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