

Fortis Malar creates awareness on “Safe blood for all” on World Blood Donors Day

Doctors salute blood donors as a valuable inspiration for saving lives

Chennai, 14th June 2019: As a part of World Blood Donor Day, **Fortis Malar Hospital** organised an awareness session on the need for blood donation and felicitated voluntary blood donors who have been regularly donating blood. The session began with **Dr. Jyotsna Codaty, HOD, Transfusion Medicine, Fortis Malar Hospital** who shared insights on “Safe blood for all”. **Dr Suresh Rao KG, Head of Department, Critical Care & Cardiac Anaesthesia, Fortis Malar Hospital** and **Dr. Nithya Ramamurthy, Senior Consultant, Gynaecology, Fortis Malar Hospital** threw light and educated the participants on how transfusion of blood and blood products play a significant role in surgeries and saving lives.

Commenting on the occasion, **Dr. Jyotsna Codaty** added “We at Fortis Malar Hospital Blood Bank want to stress upon the significance of blood donation. Blood is required every 2 seconds across the world to treat accident victims, cancer patients, hemophiliacs and patients undergoing surgery. A single unit of blood can help save lives of several patients. We wish to highlight that adults over the age of 18 years are open to donate blood and more such volunteers are needed to overcome the various challenges in saving lives. The theme for World Blood Donor Day 2019 is **Safe Blood for All**. Responsible, honest donors and meticulous blood banks make for safe blood for all”.

Dr. Suresh Rao KG, further added saying “Blood transfusions are given to patients in a wide range of circumstances, including serious injuries such as in a car crash, surgeries, child birth, anemia, blood disorders, cancer treatments, and many others. During heart transplant use 2 to 4 units of blood (packed cells) are generally used. In some cases bleeding may be more during the surgery and will require at least 6 to 10 units. The donated blood will be separated to packed red cells and plasma and platelets. When there is coagulation problem the plasma is used and when there is platelet deficiency, bleeding can be prevented using platelets.”

About Fortis Healthcare Limited:

Fortis Healthcare Limited is a leading integrated healthcare delivery service provider in India. The healthcare verticals of the company primarily comprise hospitals, diagnostics and day care specialty facilities. Currently, the company operates its healthcare delivery services in India, Dubai and Sri Lanka with 43 healthcare facilities (including projects under development), approximately 9,000 potential beds and over 400 diagnostics centres.

About Fortis Malar Hospital:

Fortis Malar Hospital was acquired by Fortis Healthcare (India) Limited in early 2008. The hospital founded in 1992, is established as one of the largest corporate hospitals in Chennai providing quality super specialty and

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multi-specialty healthcare services. Fortis Malar Hospitals, with 180 beds, focuses on providing comprehensive medical care in the areas of Cardiology and Cardiac Surgery, Neuro Surgery, Gynaecology, Orthopaedics, Gastroenterology, Neurology, Paediatrics, Diabetics, Nephrology and Internal Medicine. Fortis Malar Hospital has a state of the art Cath Lab and multiple dedicated cardiac operation theatres and intensive coronary care units. Several rare and complex Adult and Paediatric Cardiac surgeries, Orthopaedic and Joint replacements, Neurosurgeries and Plastic reconstruction surgeries have been performed at this hospital. The hospital's Obstetrics and Gynaecology services are among the busiest in the city, successfully performing many complicated deliveries and surgeries. They are supported by a dedicated Neonatology unit.

For more information, please contact:

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