

Septuagenarian Woman Walks after successfully treated for a Complex Hip Surgery at Fortis Malar Hospital

2nd May 2019, Chennai: A team of doctors at **Fortis Malar Hospital** successfully performed a successful complex Revision Total Hip Replacement surgery on a 76-year-old patient recently. The patient - Ms. Pankajavalli - developed periprosthetic hip fracture a few weeks after undergoing a partial hip replacement surgery at another private hospital in the city. The team was led by **Dr. Nandkumar Sundaram, Orthopaedic Surgeon, Fortis Malar Hospital.**

The patient sustained injury to her left hip after a fall at her resident following which she underwent cemented bipolar hemiarthroplasty at the earlier hospital. Post surgery, when she started walking she had sudden pain, swelling and inability to bear weight and was admitted to Fortis Malar Hospital and was diagnosed with left hip periprosthetic fracture – fracture of the bone with previous implants of hip replacement.

In view of the patients' age, previous surgery and obesity, the team after counselling and discussing with his family made an informed decision to do a Total Hip Replacement (THR) surgery. Total hip joint replacement is a surgery which involves replacement of both the surfaces of the hip; the ball portion (femur) and socket (acetabulum).

Speaking on the surgery, **Dr. Nandkumar Sundaram, Orthopedic Surgeon, Fortis Malar Hospital** said *"The surgery was particularly challenging as the previous implants were cemented. Hence care had to be taken to remove the cement without damaging the bone further. After successful removal of the implant uncemented THR was done as the bone cement will not let the bone heal. The implant we used is a specialized implant which will fix the fracture as well as the joint without any bone cement"*

Press Release

For Immediate Publication



“I dreaded not being able to move for the rest of my life. But post my operation at Fortis Malar Hospital, I not only recovered unbelievably fast but I also feel wonderful as I am able to do all the regular activities.” said Ms. Pankajavalli

About Fortis Healthcare Limited

Fortis Healthcare Limited is a leading integrated healthcare delivery service provider in India. The healthcare verticals of the company primarily comprise hospitals, diagnostics and day care specialty facilities. Currently, the company operates its healthcare delivery services in India, Dubai, Mauritius and Sri Lanka with 43 healthcare facilities (including projects under development), approximately 9,000 potential beds and 392 diagnostic centres.

About Fortis Malar Hospital:

Fortis Malar Hospital was acquired by Fortis Healthcare (India) Limited in early 2008. The hospital founded in 1992, is established as one of the largest corporate hospitals in Chennai providing quality super specialty and multi-specialty healthcare services. Fortis Malar Hospitals, with 180 beds, focuses on providing comprehensive medical care in the areas of Cardiology and Cardiac Surgery, Neuro Surgery, Gynaecology, Orthopaedics, Gastroenterology, Neurology, Paediatrics, Diabetics, Nephrology and Internal Medicine. Fortis Malar Hospital has a state of the art Cath Lab and multiple dedicated cardiac operation theatres and intensive coronary care units. Several rare and complex Adult and Paediatric Cardiac surgeries, Orthopaedic and Joint replacements, Neurosurgeries and Plastic reconstruction surgeries have been performed at this hospital. The hospital's Obstetrics and Gynaecology services are among the busiest in the city, successfully performing many complicated deliveries and surgeries. They are supported by a dedicated Neonatology unit.

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