

Fortis Malar Hospital Conducts Technically Challenging MICS (Minimally Invasive Cardiac Surgery)

*35-year-old daily wage worker successfully undergoes cardiac surgery
under CM Health Scheme*

Chennai, 20thFebruary 2020: Fortis Malar Hospital recently performed a one of its kind minimally invasive Mitral Valve Replacement Procedure on 35-year-old Mahalakshmi, an underprivileged daily wage worker hailing from Thiruvallur district. This procedure was performed by an expert team of doctors led by **Dr. Madhu Shankar, Senior Consultant, Adult CTVS (Cardiothoracic and Vascular Surgery), Fortis Malar Hospital, Dr. Anto Sahayaraj R, Senior Consultant, Adult CTVS (Cardiothoracic and Vascular Surgery), Fortis Malar Hospital and Dr. Kirthivasan- Cardiac anesthetist, Fortis Malar Hospital.** This life saving surgery was covered under Tamil Nadu Chief Minister's Comprehensive Health Insurance Scheme.

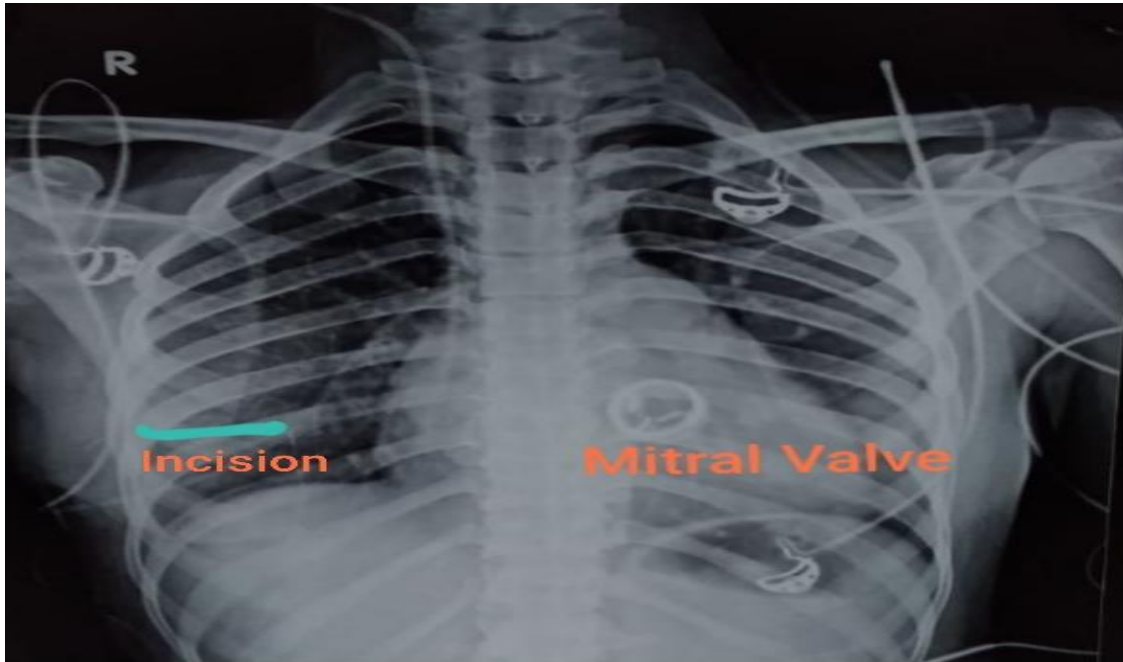


Ms. Mahalakshmi was admitted to Fortis Malar Hospital with complaints of swelling of the feet, breathlessness and palpitation. Post evaluation, she was diagnosed with Aortic valve stenosis (narrowing of the heart valve) and was taken up for cardiac surgery. Due to high lung pressures and calcification of valve leaflets, the team of doctors decided to do a mitral valve replacement procedure. This minimally invasive procedure was performed by making a small incision on the

Press Release

For Immediate Publication

right side of the chest without dividing the sternum (breastbone). The surgery was successful and the patient recovered quickly.



Commenting on the procedure, **Dr. Madhu Shankar** added saying, *“Mitral Valve Replacement when done through a minimal invasive procedure requires technical expertise. This minimally procedure has numerous advantages as it causes less blood loss, does not leave a big scar, causes less pain and aids in early recovery. Improved anesthesia techniques and advanced surgical instruments have paved way for such simple cardiac procedures thus resulting in speedy recoveries.”*

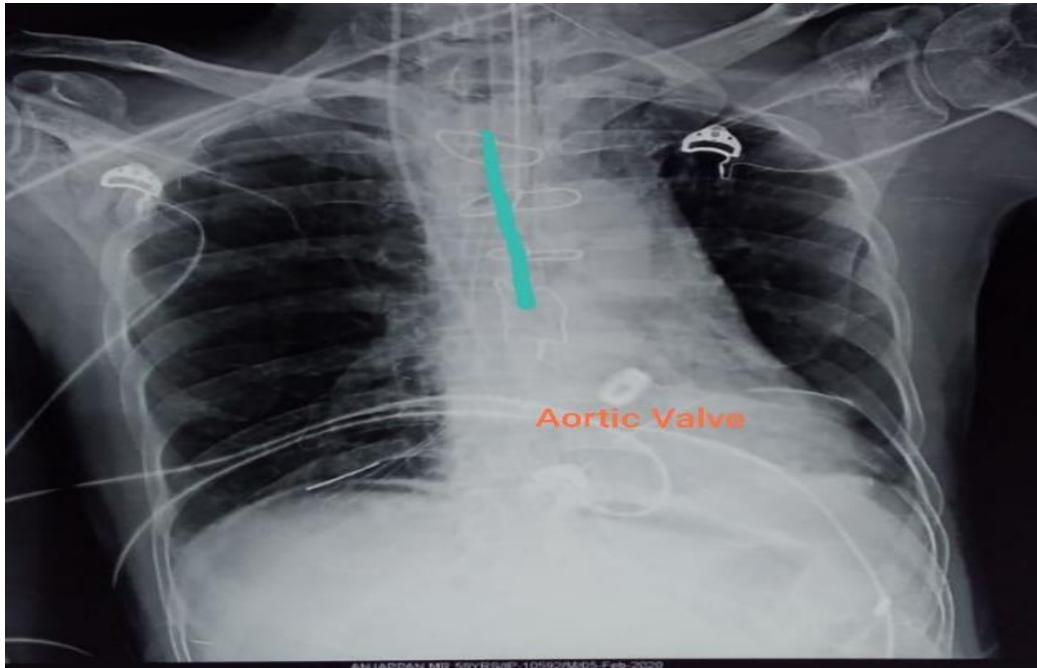
Speaking on the surgery, the patient **Mrs Mahalakshmi** expressed saying, *“I am grateful to have benefited from the Tamil Nadu Chief Minister Health Care Scheme and get treated by the team of Expert Cardiac Specialists at Fortis Malar Hospital. I was able to walk next day immediately after my procedure and get back to my regular routine in no time.”*

About Fortis Healthcare Limited

Fortis Healthcare Limited is a leading integrated healthcare delivery service provider in India. The healthcare verticals of the company primarily comprise hospitals, diagnostics and day care specialty facilities. Currently, the company operates its healthcare delivery services in India, Dubai and Sri Lanka with 36 healthcare facilities (including projects under development), approximately 9,000 potential beds and over 415 diagnostics centres.

About Fortis Malar Hospital:

Fortis Malar Hospital was acquired by Fortis Healthcare (India) Limited in early 2008. The hospital founded in 1992, is established as one of the largest corporate hospitals in Chennai providing quality super specialty and multi-specialty healthcare services. Fortis Malar Hospitals, with 180 beds, focuses on providing comprehensive medical care in the areas of Cardiology and Cardiac Surgery, Neuro Surgery, Gynaecology, Orthopaedics, Gastroenterology, Neurology, Paediatrics, Diabetics, Nephrology and Internal Medicine. Fortis Malar Hospital has a state of the art Cath Lab and multiple dedicated cardiac operation theatres and intensive coronary care units. Several rare and complex Adult and Paediatric Cardiac surgeries, Orthopaedic and Joint replacements, Neurosurgeries and Plastic reconstruction surgeries have been performed at this hospital. The hospital' Obstetrics and Gynaecology services are among the busiest in the city, successfully performing many complicated deliveries and surgeries. They are supported by a dedicated Neonatology unit.



For more information, please contact:

Fortis Healthcare	Brand –Comm
Rokesh, 9094745180 rokesh.a@fortishealthcare.com	Nisreen, +91 9488994494 nisreen@brand-comm.com
Head, Corporate Communications AjeyMaharaj: +919871798573 ajey.maharaj@fortishealthcare.com	